

Blessing, Belonging, Believing

For the past 10 years, I have been visiting Bethany Nursing Home monthly together with other volunteers. We are a familiar fixture to many of the residents through our bingo and sing along sessions. Some of us also visit the wards to chat, pray and sing with those who are bed-ridden. Just like many of the volunteers serving in the various sub-ministries under COSC, we are prepared to befriend and journey with our beneficiaries for long periods. As relationships cannot be rushed or forced, it may take months or even years to form friendships and to gain their trust. However, a recent encounter with a new resident at the nursing home has reawakened a new sense of urgency within me; I realized I do not always have the luxury of time.

The first time I met her, she was sitting by her bed with an oxygen machine; tubes were affixed to her nostrils. She looked younger than most of the residents I have met over the years. She explained that she could not breathe properly and relied on the machine for air. I also noticed an opened Bible by her bed side, we were heartened to learn from her that she is a Christian. While chatting, a song came to mind to minister to her but I thought that I could do it during our next visit. But we didn't visit the following month as we brought some of the other residents for an outing to Gardens by the Bay. By the time we returned to the nursing home, it had been two months. During that visit, I still didn't seek out my new friend. Due to the lack of volunteers, most of the time we are not able to cover all the residents in a single visit. But just when we were about to leave, I met a nurse who was stationed at her ward. Remembering I still haven't sung her the song, I casually asked the nurse how she was. With much regret, I was informed that she had passed on. That evening as my heart quietened, I confessed to God that I thought I had time, I wasn't in a hurry to get to her. My only consolation is that she is home with the Lord. Perhaps she would have heard my song from her eternal home?

Here is a little excerpt from "This is the air I breathe"

And I... I'm desperate for You And I... I'm lost without You

May I never forget to have an urgent yet unhurried heart with everyone I meet especially while serving in ministry.

Serene Ho, WBOP, August 2023



To express Christ's love in the community so that lives may be blessed, and a sense of belonging may be cultivated through friendships and belief in a greater hope – this is our Wesley@Berseh Mission. Our Wesley@Berseh ministry seeks to foster a faith community where residents will feel welcomed and find safety, support and spiritual friendships. At Wesley@Berseh, we serve various segments of the Berseh community through the work of our COSC sub-ministries: children & youth through our Wesley Youth Centre, families & the community through Wesley Community Ministry and the elderly through Wesley Befrienders to Older Persons.

Wesley Youth Centre (WYC) – Children & Youth

In the heart of Jalan Berseh, at Block 25 & 26 is Wesley Youth Centre. For over 15 years, WYC has been a familiar sight to the neighbourhood, forging friendships with the children, youths and their families.

WYC's mission is "In Christian love, bless and befriend youths and their families". We want to ensure that ample opportunities are created to develop our children and youths in their physical, social, emotional and cognitive abilities. We also want to provide them with experiences of friendship, a sense of belonging, leadership and recognition.

Position	Tutor
Description of duties	Befriend and provide tuition to WYC children and youth from 9 to 17 years old, in groups of 1 tutor to 2 students.
Requirements	Volunteers are to be mature Christians, 18 years old and above.
Commitment	Commitment period of at least 6 months. Once a week on either Monday or Tuesday, from 7.30 to 9.00pm.
Contact	wyc@wesleymc.org

Position	Recreation Programme Instructor / Befriender
Description of duties	Befriend children and youths through arts and crafts, sports, outdoor activities and camps.
Requirements	Volunteers are to be mature Christians, 18 years old and above.
Commitment	Commitment period of at least 6 months. First Saturday of each month, from 10.30am to 12.30pm, and during school holidays.
Contact	wyc@wesleymc.org

Position	Park & Play Befriender (Drop-in-centre)
Description of duties	Befriend children and youths through interactions and play during drop-in hours.
Requirements	Volunteers are to be mature Christians, 18 years old and above.
Commitment	Available to serve preferably once a week on Monday, Tuesday, Thursday or Friday from 2.00 to 5.00pm.
Contact	wyc@wesleymc.org

Position	The Saturday Club Teacher / Befriender
Description of duties	Befriend children and youths through Bible Teaching and discussions.
Requirements	Volunteers are to be mature Christians, 18 years old and above.
Commitment	Commitment period of at least 6 months. The first Saturday of each month, from 2.00 to 3.00pm.
Contact	wyc@wesleymc.org

Wesley Community Ministry (WCM) – Families & Community

The Wesley Community Ministry seeks to establish Wesley Methodist Church's presence and be a blessing to the Berseh Community. Our mainstay event has been the Christmas@Berseh carnival where more than 400 residents will participate in an afternoon of games, performances, snacks, blessed draws and ending with bento dinner where they can bring home to enjoy with their families. Other smaller scale events include Dumpling Festival and Movie night.

In an effort to partner Kampong Kapor Community Services to reach out to those living in rental flats in the Jalan Besar vicinity, a new project named "ReDesign Project" was conceived in 2022. The Project objective is to co-create a living space for better quality life and safety at home. The ReDesign Project also provided participating Small Groups the opportunities to steward their time towards community outreach. The longer-term plan after the ReDesign Project is COSC's aim for the volunteers to continue building the relationship with the beneficiary and sharing God's love through monthly visits and meals.

Another new initiative in 2022 was Zhen Xin Hua 真 🎔 话 (ZXH- Word from the Heart). ZXH provides a platform for the seniors in Berseh to discuss life and for us to share our Christian faith.

Position	Event Planner / Event Volunteer / Befriender
Description of	Manage registration at events.
duties	Serve snacks, food or drinks.
	Packing of goodie bags for outreach/Christmas events.
	Ushering and crowd control at events.
	Provide logistical support or assist in traffic control at events.
	Befriending and mingle with guests at events.
	 Setup and manage games stalls at outreach/Christmas Carnival.
	Home visitation for distribution of event flyers.
	Type of Events:
	• Christmas Carnival at Berseh – usually on second or third Sunday in December.
	Dumpling Festival – June.
	 Movie Night – Friday or Saturday nights.
	Other Ad Hoc events.
Requirements	Passion to serve the community.
	Ability to speak Chinese and/or dialects will be helpful.
	Able to work as a team.
Commitment	Half or one day for Ad Hoc events.
	• Home Visitation usually on week nights or Saturday afternoons, prior to events.
	• Pre-Event Preparations (e.g. packing or planning meetings) usually on week
	nights.
Contact	Stephanie Cen <u>stephaniec@wesleymc.org</u>

Wesley Befrienders to Older Persons (WBOP) – Elderly/ Seniors

WBOP's mission is to be a Christ-centred ministry to befriend the lonely and lost elderly. WBOP has the vision for every elderly to find love and hope through trusted friendships. The ministry carries out befriending work through 5 ministry teams, each focusing on befriending and outreach to the elderly in 5 different areas. These are: elderly staying in rental flats in the areas of Jalan Berseh and Indus Road, seniors at St Luke's Eldercare Golden Years Centre, and residents at MWS Bethany Nursing Home and Green Avenue Home.

Position	Befriender to the Elderly
Description of duties	 Provide support and a listening ear to the elderly living either in rental flats, in nursing homes or those at senior day care centre. Be involved in befriending work through meals delivery (dinner). Conduct visits to clients in rental flats or at the institutions. Medical escort for clients' medical appointments, as needed. Organising of outreach events for outings and festive occasions. <u>Befriending home visitations – Jalan Berseh area</u> Conduct home visitation to these clients on weekdays or weekends, depending on volunteer availability. Engage in befriending through various activities, including delivery of provisions or meals.
	 Visitations to be conducted at minimum once a month. <u>St Luke's Eldercare - Golden Years Centre (Hougang Central)</u> To conduct befriending activities with the elderly at the centre, i.e. sing-along, games exercises, touch therapy, performance and interactions. Able to commit to every 4th Monday of the month, 2.00 to 4.00pm.
	 <u>MWS Bethany Nursing Home</u> To conduct befriending sessions with activities including chitchatting with residents in the wards, playing bingo, singing songs and praying for those who are open to prayers. Able to commit to last Saturday of the month, 2.00 to 4.00pm.
	 <u>Green Avenue Home</u> To conduct befriending sessions with activities including chitchatting with residents in the wards, playing bingo, singing songs and praying for those who are open to prayers. Able to commit to bi-monthly visits on the second Saturday of the odd month, 2.00 to 4.00pm.
Requirements	 Passion to serve and care for the elderly. Patient and compassionate. Ability to work as a team. Ability to speak in Mandarin, Chinese Dialects, Malay and Tamil would be helpful to facilitate communication with elderly, but not mandatory. Be a ministry prayer partner.
Commitment	 Minimum 12 months (upon confirmation of placement after 3 visits). Visitation of clients with assigned partner - at least once a month.
Contact	Orchid Chua orchidc@wesleymc.org



Wesley Deaf Ministry (DeafMin)

DeafMin (a.k.a MHI) has been reaching out to the Deaf & Hard-of-hearing community since 1992, through Sign Language interpretation at Prayer & Praise worship services. The ministry also has Sign Language classes, to raise awareness of the Deaf & Hard-of-hearing community to the hearing congregation in church. The ministry also runs regular bible study and outreach events.

Position	Social Media volunteers
Description of duties	Assist DeafMin in crafting new ideas (scripts, skits, awareness, events or encouraging words), posting to various platforms & editing weekend and special church services videos to incorporate interpretation into the video.
Requirements	Has prior experience with doing videos and familiar with editing software. Able to work with other volunteers and able to work independently to ensure the videos or postings are clear and deadlines are met. Has own computer and relevant software.
Commitment	Weekly Commitment for a minimum of 1 year (posting in social platforms to be once every week either Monday and/or Wednesday).
Contact	Pauline Ong <u>deafmin@wesleymc.org</u>

Wesley Migrant Ministry (WMM)

Wesley's outreach to migrants began in December 2008 with Karunya Community Clinic, a medical outreach of Asia Evangelistic Fellowship (AEF). The outreach events were extended to outings, English classes and computer classes. Through these engagements, the ministry has been able to build relationships and sustained communities with the migrant brothers, beyond the ad hoc acts of kindness and blessings.

Position	Befriender
Description of duties	This opportunity involves the volunteer contacting the migrant brother individually via WhatsApp to find out basic information such as which dormitory they are currently residing, if they have any immediate needs or concerns, as well as if we can continue to engage them in a meaningful manner. We will also introduce the migrants to our ongoing basic and intermediate English classes for more in-depth engagement.
Requirements	 Having a willing heart to reach out to brothers in Singapore, as well as patience and a heart of understanding as their English might not be their first language. If the brothers are open and agreeable to receiving care packs, we do periodically distribute care packs. The volunteer, sometimes with aid of their Small Group, has the opportunity to plan, pack and distribute the packs.
Commitment	Short to Medium Term – Depending on the willingness of the migrants to converse with the volunteer.
Contact	Evangeline Leong evangelinel@wesleymc.org

Position	English / Computer Class Instructor
Description of duties	This opportunity involves the volunteer conducting English / computer classes in the dormitories. The aim of the class is to boost the standard of English both spoken and written of the migrants. Learning can come through different activities, videos and even interaction with the migrants. A bond is usually formed and opportunities can arise for a more personal relationship beyond the student and instructor role.
Requirements	 Having a willing heart to reach out to brothers in Singapore, as well as patience and a heart of understanding as their English might not be their first language. Willingness to travel down to the dorms as well as committing time usually after a work day on a weekday. Having experience in instructing or designing curriculum would be a plus.
Commitment	Short to Medium Term 9 weeks consecutive.
Contact	Evangeline Leong evangelinel@wesleymc.org

Wesley Prison Ministry (WPM)

WPM has been reaching out to the inmates at Changi Men's Prison and those in rehabilitation programs at the halfway house. At these touch points, WPM has been conducting chapel services, praying, sharing of the Word and befriending those whom we reach out to. In anticipation of the release of the inmates, we see a need to increase our pool of WPM volunteers to receive those who expressed a desire to start their new journey of faith in a Christian community. We would like to invite brothers and sisters at Wesley to journey alongside them in the various roles.

Position	Incare Volunteers (Changi Prison)
Description of duties	 To befriend and reach out to the male inmates, listen to their struggles and pray with them. To intentionally build a trusted relationship that goes beyond their release from prison. To share God's word (as rostered) and its application for godly life choices and daily living.
Requirements	 Available to serve at least one Saturday afternoon or morning a month. A matured Christian with a desire to share Christ's salvation and transforming grace. A team player to serve in groups with 2-3 volunteers. A member of Wesley Methodist Church; preferably served in other ministries before.
Commitment	Minimum 12 months
Contact	Jeany Wee <u>cosc@wesleymc.org</u>

Position	Aftercare and Support Group Befriender (Halfway House)
Description of duties	 To reach out to persons assigned from prison to halfway house for programmes. To intentionally build trusted relationships through support group that last beyond their programme completion.
	• To share God's word (as rostered) and its application for godly life choices through bible study and fellowship.
	• To follow-up with released persons on their wellbeing and struggles through their journey of recovery and faith.
Requirements	 Available to serve up to 2 weeknights a month. A mature Christian with a desire to encourage, support and disciple released persons. A team player to serve in groups with 2-3 volunteers. A member of Wesley Methodist Church; preferably served in other ministries before.
Commitment	Minimum 12 months
Contact	Jeany Wee <u>cosc@wesleymc.org</u>

Position	Sunday Church Service & Fellowship Befriender
Description of duties	 To attend church service and lunch fellowship with released persons. To be the team of familiar faces whom our guests can relate to and grow as their circle of new Christian friends. To follow-up on their wellbeing encourage praver and support them through
	 To follow-up on their wellbeing, encourage, prayer and support them through their struggles and journey of faith.
Requirements	 Available to serve at least one Sunday a month as rostered. A mature Christian with a heart to befriend, extend hospitality and to support released persons. A team player to serve with group of 2-3 volunteers. A member of Wesley Methodist Church; preferably served in other ministries before.
Commitment	Minimum 12 months
Contact	Jeany Wee <u>cosc@wesleymc.org</u>

Position	Aftercare Reintegration Support Volunteer
Description of duties	 To intentionally be the Christian support volunteer to the assigned released person(s) in their new journey of faith and reintegration. To develop trusting relationships for follow-up, support and prayer during their reintegration into society, family and work life. To disciple them to make godly choices despite struggles. To pro-actively connect with assigned released person for meet-up sessions and church organised activities.
Requirements	 Available to engage released persons at least 2 times a month. A mature Christian with a heart to be the new Christian brother to the released person, pro-actively building a trusted relationship. A team player to serve in groups of 2-3 volunteers. A member of Wesley Methodist Church; preferably served in other ministries before.
Commitment	Minimum 12 months
Contact	Jeany Wee <u>cosc@wesleymc.org</u>

Position	Children's Care Club Teacher/Facilitator/Curriculum & Content Designer/Mentor
	(Serve in at least ONE Role)
Description of	Curriculum Designer
duties	• To develop curriculum for a series of lessons.
	Content Designer
	• To design content and develop deck of slides based on curriculum provided.
	• To incorporate activities, experiment, art & craft, stories, videos and various learning aids in the lesson plan.
	• To co-ordinate and work with team of teachers/facilitators for the delivery of each lesson and activities segment.
	Teacher/Facilitator
	• To teach and facilitate assigned segment based on curriculum and content design provided for the rostered session.
	• To be able to engage children through interactive learning, sharing and reflections.
	• To befriend and be a role model to the children.
Requirements	• Open to working with children aged 4 to 12 years with an incarcerated family member.
	• Available 2 times a month for 1 onsite Care Club session on Saturday morning
	(usually 4 th Sat) and 1 briefing (usually evening, online via Zoom).
	• Familiar with bible stories and able to draw out Christian values to support the curriculum objectives.
	 Enjoy working with children and have a passion to nurture children in God's ways.
	 A member of Wesley Methodist Church.
Commitment	Minimum 12 months
Contact	Jeany Wee <u>cosc@wesleymc.org</u>

Position	Children's Care Cub Volunteer Driver
Description of duties	 To provide transport for the children attending the monthly Care Club session, with or without their caregiver. To fetch the child from their home to the Care Club session and back to their home after each session. To befriend children and build relationship along the way.
Requirements	 Available once a month (usually 4th Sat) to provide transport for children to reach Care Club sessions (at Dorset Road or Wesley) by 9.45 am and leave Care Club sessions at 12.45pm. Open to provide transport occasionally to external locations for Care Club sessions/events held at an offsite activity location. Enjoy time with children.
Commitment	Minimum 12 months
Contact	Jeany Wee <u>cosc@wesleymc.org</u>

Position	Family Care Home Visit Befrienders
Description of duties	 To befriend and support family while their incarcerated family member is absent. To listen out to their issues, encourage and pray for God's help. To check-in with family on their well-being, identify physical needs and support required. To report on family needs and work with partners to translate their needs to acts
Requirements	of blessings for the families.Available to visit family once a month.
	 Open to write a monthly case management report. A member of Wesley Methodist Church.
Commitment	Minimum 12 months
Contact	Jeany Wee <u>cosc@wesleymc.org</u>

COSC Communications Team

We want to strategise and develop a communications plan to encourage the church family to be involved in outreach as part of Wesley's Direction 2025 on Intentional Discipleship. We hope to create awareness about the ministries of COSC at the wider church level (e.g. church services, Wesley Highlights, Wesley Tidings, Ministry Fair and COSC Weekend), so as to mobilise more volunteers to serve.

Position	Communications Team Member
Description of duties	 Write articles about COSC programmes and activities for Church newsletter and publications. Formulate interview questions for beneficiaries who have received the blessings of God. Help publicise events and galvanise the wider Church family to support COSC events. Arrange for video recording of interview and do scripting.
Requirements	 Enjoy meeting people. Enjoy writing and have a good command of English. Attend COSC Main Committee meetings only when relevant communication matters are discussed. Work with COSC staff and leaders and other relevant ministries, e.g. Church Communications Ministry.
Commitment	Minimum 12 months
Contact	Jeany Wee <u>cosc@wesleymc.org</u>

MWS - Wesley Active Ageing Centre (WAAC)

Located at Jalan Berseh, WAAC is a drop-in social recreational centre that serves as a go-to place for seniors for their social and health related matters. It provides active ageing activities that range from Physical Activity, for example, exercises and adaptive sports, music and dance classes, and other Cognitive Activity like table games, craft and mentally challenging games. There are also Befriending services for socially isolated seniors who require additional social support; as well as referral to care services and financial assistance when required.

Position	Volunteers at Wesley Active Ageing Centre
Description of duties	Role #1: Conduct Physical Activity or Cognitive Activity or Both.Role #2: Be a Befriender, visit or call seniors and check on their wellbeing.
Requirements	General Requirements • Passion to serve and care for the elderly. • Patient and compassionate. Willingness to learn. • Ability to work as a team. • Ability to speak in Mandarin, Chinese Dialects, Malay and Tamil would be helpful to facilitate communication with elderly, but it is not mandatory. • Training may be provided. Other Requirements Role #1: Interested volunteers to specify the activity or activities they desire to conduct.
Commitment	 Minimum 6 months for all roles. Role #1: Conduct Physical Activity or Cognitive activity or Both – at least once a month on weekdays. Role #2: Visitation of clients with an assigned partner – at least twice a month.
Contact	MWS Wesley Active Ageing Centre – Jalan Berseh 25 Jalan Berseh, #01-142, Singapore 200025 Tel: 6298 0194 / 6298 0195 Email: MWSwaac@mws.sg